



Ashati® Insurance Document

Email to: Insurance Companies and Professional Associations

Purpose: Add "Ashati" as an Approved Modality

Once 'Ashati' has been added as an approved modality, please email a link of the specific insurance policy or association website to info@ashati.org.

ORIGIN

Ashati was created and developed by Jerome Baudel, from 2008 until 2016. Jerome comes from a background in psychology, with extensive studies in general, developmental and educational psychology. He then pursued additional training and professional experience in energy healing, meditation, spiritual healing, psychic development, mediumship and other related disciplines of personal development and spirituality.

The Ashati courses are based on a comprehensive and holistic / energetic knowledge of the human body, aura and mind, as well as the access to unique energies and the use of specific energy work techniques.

Thousands of people around the world have already been trained as Ashati Practitioners and Ashati Teachers, and this community is growing exponentially each year. Most of these people prefer joining complementary health associations and insurance providers (mainly for *professional indemnity* and *public liability*) who list Ashati as a separate approved modality so that all of their services are covered.

'Ashati' is a registered trademark and all of its content is copyright protected. More details about Ashati are available on the official website: www.ashati.org.

COURSES

All Ashati courses around the world are based on the same core teachings and techniques, and managed through an online learning platform run by the Ashati Institute to ensure consistency of training (with workshops, tutorial videos, meditation audio tracks and downloadable manuals). A student will also receive an energy activation (or attunement) from a trained Ashati teacher for each level that they complete. Energy activations work on the chakras and energy bodies of the recipient and are performed without touching. The courses can be taken in person or over distance.

ASHATI: Levels 1 to 3

These courses are focused on mental and emotional healing.

ALSEMIA: Levels 1 to 13

Levels 1 to 4 are focused on etheric / physical relaxation and healing.

Levels 5 to 13 are focused on exploration of the subconscious mind.

ASCENSION: Levels 1 to 5

This is another aspect of Ashati, focused on spiritual development.

TEACHER COURSE:

This course has three levels of registration to teach the Ashati System courses and to facilitate Ashati Circle group classes.

COMPLEMENTARY COURSES: These are focused on developing complementary skills.

Higher Senses (intuition and psychic development)

Soul Rescue (intuition and mediumship development)

SERVICES

The below services are offered by Ashati professionals and should be included under the general modality of “Ashati”. The services can be conducted in person or over distance, and combined with other modalities.

Service	Professional Title	Required Qualification
Ashati Healing™	Ashati Practitioner	Ashati 2
Alsemia Healing™	Ashati Practitioner	Alsemia 2
Subconscious Exploration™	Ashati Practitioner	Alsemia 12
Ashati Circle™	Ashati Teacher	Teacher Course
Teaching	Ashati Institute Registered Teacher	Teacher Course

Ashati Healings™

Professional Title: Ashati Practitioner

Required Qualification: Ashati 2

Description: An Ashati Healing is structurally very similar to a Reiki Healing. An Ashati Practitioner may place their hands on or above specific energy centres (chakras) and parts of the client’s body, who will be sitting on a chair or lying comfortably, fully clothed, on a massage table. The channelling of these specific and unique energies creates a very relaxing and meditative experience for the recipient. An energetic healing and clearing process over a few hours to a few days will be initiated by each session, helping clients to gently reconnect with emotions, thoughts and other energies / influences that are affecting them on any level of their being. A practitioner can also provide some feedback about the recipient’s energy as well as intuitively received guidance or specific messages during the session. The Higher Senses and Soul Rescue complementary courses provide optional additional techniques to further develop intuitive skills and to clear unnecessary energy.

Alsemia Healings™

Professional Title: Ashati Practitioner

Required Qualification: Alsemia 2

Description: Ashati Practitioners who have completed Alsemia 1 and Alsemia 2 will be able to add etheric / physical healing energies to their Ashati Healings. These energies usually trigger an even more profound relaxation and greatly speed up the natural healing processes of the body. Practitioners also have the option to extend their training with the Alsemia 3 and Alsemia 4 courses, therefore achieving a higher level of professional development using the techniques and the energies of this unique aspect of the Ashati system.

Subconscious Explorations™

Professional Title: Ashati Practitioner

Required Qualification: Alsemia 12

Description: These skills can be used to provide separate Subconscious Exploration sessions for clients, or to combine these with a standard Ashati Healing. This unique form of advance energy healing creates a much deeper trance-like meditative and relaxation state (naturally and quickly induced by the energy work), and will facilitate more healing as well as a reconnection and natural exploration of the subconscious mind (layer by layer). These special healings can help clients find new levels of clarity about what they are feeling, what they wish to do, what has been subconsciously affecting them, who they are as a soul, etc. Only what the recipient needs to reconnect with and is able to understand and to resolve will come up to be healed and accepted or released. The practitioner's main role is to create this healing space and to provide the advanced energy work and techniques. The recipient of a Subconscious Exploration will be sitting or lying down comfortably, fully clothed and with their eyes closed, while they receive the different waves of higher Alsemia energies, one after the other, to be taken to a deeper and deeper meditative state each time, and to reconnect with higher and higher layers of their own subconscious mind.

Ashati Circle™

Professional Title: Ashati Teacher

Required Qualification: Ashati Teacher (*Module: Ashati Circle Facilitator*)

Description: Ashati Teachers who complete the Ashati Circle Facilitator module are able to organise "Ashati Circle" sessions. These group sessions involve guided meditations as well as psychic and healing development activities. They are designed to give all Ashati students and professionals an opportunity to meet regularly and to practise and develop their skills. However, these sessions can be open to anyone looking into starting their Ashati training, or simply interested in meditation and personal development work through energy healing.

Teaching

Professional Title: Ashati Institute Registered Teacher

Required Qualification: Teacher Course

Description: An Ashati Institute Registered Teacher is able to teach the Ashati System courses that are relevant to their registration level, and to pass on their associated energy activations over distance or in person, during group workshops or 1-on-1 sessions. The energy activations can also be offered separately during healing appointments, or combined with a standard Ashati Healing. Energy activations are performed on the chakras and energy bodies of the recipient (without touching) and enable clients to practise complementary self-healings at home between appointments.